

## **Blackbirds Concussion Management Program**

To ensure we are doing everything we can to address the concussion concern, the Blackbirds have partnered with Munster Concussion Clinic to provide FREE baseline concussion testing to our members. Munster Concussion Clinic is a proven leader in the field of orthopedics and concussion management.

The baseline test administered by Munster Concussion Clinic is the ImPACT (Immediate Post – Concussion Assessment and Cognitive Testing) test. This nationally recognized test assesses a player’s decision-making ability, reaction time, verbal and visual memory and processing speed while healthy. In the event that the player suffers a head injury, the ImPACT test provides qualified medical providers the information necessary to determine the degree to which a player has been affected by an injury and the level of function that must be met before he/she returns to activity.

We understand that undergoing baseline testing before tryouts will inconvenience some members. Nevertheless, I strongly encourage you make every effort so that your child has a baseline test. This test will not prevent a concussion, but in the unfortunate event that your child suffers a head injury, it will be the best tool you have to make sure your son or daughter fully recovers before he/she resumes activity.

**How do I sign up for the free baseline test?:** Please call Rachael @ Munster Concussion Clinic at 219-836-4461. It is suggested that you call in July or August to set up a morning test.

**Where is the Munster Concussion Clinic Located?:** 1545 W US 30, Schererville IN 46375

**What happens if my player suffers a head injury?:** If your player suffers a suspected concussion ANYWHERE (the injury does not have to be hockey-related) within a year of testing, Munster Concussion Clinic will provide follow-up testing. The follow-up test results will help determine if your player requires further treatment.

If you require additional treatment, Munster Concussion Clinic has the resources to refer you to a professional in the area who is trained in concussion management. You are not required to use one of the physicians recommended by Munster Concussion Clinic. However, if your player’s follow-up test results indicate that additional treatment is necessary, the player will not be allowed to return to the ice without written clearance from a qualified medical professional.