

Midwest Training and Ice Center

10600 White Oak Avenue

Dyer, IN 46311

(219) 558-8811

Fax: (219) 558-8815

**Midwest Training Gymnastics and Cheer**

1204 Erie Court

Crown Point, IN 46307

(219) 662-8844

Fax: (219) 662-8855

First Child:

GENERAL LIABILITY WAIVER

First Name: _____ Last Name: _____

Birthday: ____/____/____ M ____ F ____ Grade _____ School _____

Second Child:

First Name: _____ Last Name: _____

Birthday: ____/____/____ M ____ F ____ Grade _____ School _____

EMAIL ADDRESS: _____

Home Address: _____

City: _____ State: _____ Zip Code: _____

Father's Name: _____ Cell Phone: _____

Mother's Name: _____ Cell Phone: _____

Emergency Contact: _____ Phone: _____

Family Doctor: _____ Phone: _____ Dr. Office City: _____

Medical Conditions, if any: _____

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

In consideration of participating at MIDWEST TRAINING AND ICE CENTER/MIDWEST TRAINING GYMNASTICS AND CHEER, I represent that I understand the nature of this Activity and that I am qualified, in good health and in proper physical condition to participate in such Activity, or am signing for my child who is able to participate in the Activity.

I acknowledge that if I believe the Activity conditions are unsafe, I will immediately discontinue participation in the Activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the Activity, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost and damages I incur, or my child(ren) may incur, as a result of my participation in this Activity.

I hereby release, discharge, and covenant not to sue Midwest Training and Ice Center/Midwest Training Gymnastics and Cheer, its respective administrators, directors, agents, officers, volunteers and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses or damages, future agree that if, despite this release, waiver of liability, and assumption of risk, I or anyone on my behalf, makes a claim against any of the releasees, I will indemnify, save and hold harmless each of the releasees from any loss, liability, damage or cost which any may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Signature of Participant or Parent/Legal Guardian, if Minor: _____

Printed Name: _____ Date: _____

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GENERAL LIABILITY WAIVER PAGE 2

As an Addendum to the Waiver you have previously signed with us as a member, you agree and understand the following:

By entering this facility, you are aware that you agree to fully accept all known and unknown risks, including the potential risk of exposure to respiratory illnesses such as the coronavirus (COVID-19). The coronavirus is primarily transmitted via exhaled respiratory droplets, most often through coughing and sneezing. These droplets can travel up to six feet and are more commonly transmitted between persons rather than from equipment to persons.

Although we regularly sanitize our equipment and presently are using enhanced cleaning methods and enforcing social distancing in our facility, you understand that you may be exposed to the coronavirus or its symptoms through no fault of our own. Known coronavirus symptoms include fever, coughing, shortness of breath, pneumonia, kidney failure, and may include other symptoms, stroke or even death (collectively "Symptoms"). You understand and agree that you will hold us harmless and you will not hold us liable for any real or perceived Symptoms of COVID-19 or any other disease, illness, or condition, nor for exacerbating any existing symptoms, and you fully agree to accept all risks of entering the facility, using the equipment, working with personal trainers, attending classes, and/or interacting or being exposed to other members.

Signature _____

Printed Name _____

Date _____