<u>Midwest Training and Ice Recommended Guidelines and Protocols for 2020/2021 Hockey</u> Season

The following are the Recommended Guidelines and Protocols for the 2020/2021 Hockey Season.

- 1. All players, coaches, parent, fans, and League officials who attend Midwest Training and Ice must wear a facial covering during the entire event, except for on-ice game play. This includes lobby meetings with coaches and inside locker rooms.
- 2. There may be medical staff on site measuring the body temperature of all those entering the Midwest Training and Ice Center.
- 3. Posters displaying CDC Guidance on Proper Social Distancing and Personal Sanitation practices will be present and visible throughout the Midwest Training and Ice Center.
- 4. Midwest expects adherence to the social distancing protocol of 6 feet apart inside the building at all times, including a limit of 20 players at a time in the locker room unless guidelines are changed ahead of the event. Bench coaches will be expected to monitor and enforce these limitations.
- 5. If any player or coach, begin to feel sick or have coronavirus/COVID-19- related symptoms, that person must leave the premises immediately.
- 6. Players will check in no sooner than 90 minutes before their scheduled game.
- 7. All player stretching and dry-land warm-ups are to be done outside the building if possible, respecting social distancing guidelines.
- 8. Midwest will have sanitation stations and hand sanitizer dispensers placed throughout the rink. All players and coaches, are expected to regularly sanitize their hands throughout their event.
- 9. No handshakes will be allowed at any time, following social distancing guidelines.
- 10. Players may not share any water bottles each player must provide their own and are personally responsible for ensuring its use by only themselves. Tape with a name on it is strongly encouraged. Sharing of any hockey equipment is also prohibited.
- 11. All locker rooms will be sanitized after each game. Proper sanitation requires 15 minutes with no person or persons entering these rooms during this sanitizing process.
- 12. Midwest Training and Ice Center in Dyer, Ind., will have five locker rooms available for use for each game.
- 13. Coaches, parents, and fans will be required to wear facemasks in the building, on the bench.
- 14. Midwest Training will ask that all those entering the building do so through the main front doors, but all will exit through the south door of the ice arena.